



## **RACHEL NOLAN MP**

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#### **Meals on Wheels Provides a wonderful service**

Today is National Meals on Wheels Day and after a morning spent delivering meals to older people around Eastern Heights Member for Ipswich Rachel Nolan has congratulated Ipswich Meals on Wheels for the wonderful work they do.

“Meals on Wheels represent the very best of our community,” Ms Nolan said.

“Each week dozens of volunteers - mainly retired people – give up their time to take hot meals to the frail aged in their homes.

“This is the best possible example of people who can, taking the time to help those in the community who need them.

There are hundreds of frail older people who lived their lives tucked away in our suburbs isolated from the rest of the community, rarely getting out and living with an exaggerated fear of crime. For many of those people the Meals on Wheels volunteer who comes around each day and delivers their lunch is a joy to look forward to.

“I do Meals on Wheels once a year and, like the volunteers, find it an intensely rewarding experience of meeting kind people who are interested in what’s going on in the community and who need our help.

“Ipswich Meals on Wheels is the oldest in Queensland having been established nearly 60 years ago by Mrs Cameron whose husband Dr Cameron was then the Federal Member for Oxley. This is a wonderful ongoing service and I heartily congratulate Meals on Wheels staff and volunteers for the wonderful work they do.